

## **Moses and the Burning Bush Cooking Lesson:**

To make this recipe you will need:

A bag of chow mein noodles

Shelled sunflower seeds

Red or yellow chocolate melts - you will need to melt these or have them in an insulated container pre-melted

Red or yellow sprinkles (use a different color from the chocolate)

Mini marshmallows

Parchment paper

A cookie sheet

A spoon

### **Tell the story and add the ingredients:**

**One day Moses was leading his sheep out by the mountain of God.**

*Add the mini marshmallows to the bowl. These will represent our sheep.*

**Suddenly, he saw something very strange! A bush that was burning, but it wasn't burning up!**

*Add the chow mein noodles for the bush and some red or yellow sprinkles for the fire.*

**Then Moses heard God's voice saying "Moses!" Moses answered "here I am!". God said, "I have heard my people crying and I have seen their tears. I want you to go to Pharaoh and tell him to let my people go free"**

*Add the sunflower seeds - these represent the tears of the people*

**Moses was afraid. He told God he did not want to go. But God said "I will be with you!"**

*Add the melted chocolate and stir - The chocolate represents God's faithfulness enfolding us and holding us together.*

**And so Moses did what God asked and went back to Egypt.**

*Use a spoon to make balls on the cookie sheet lined with parchment and allow the cookies to set. You may want to refrigerate them to make them set up more quickly. You could take this time to play a quick game.*

*When you are finished, these should look like little burning bushes and be very tasty!*

